



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Shasta Family YMCA

Job Description

Position Title:	Lifeguard	Dated:	March 18, 2021
Reports to:	Aquatics Director and Program Director	FLSA Status:	Non-exempt
Department:	Aquatics	Supervisory:	None

Position Summary:

Under the direction of the Aquatics Director and Aquatics Program Director, the Lifeguard maintains a safe environment in the pool, on the deck, and surrounding areas. Creates a safe and positive atmosphere that promotes member safety and engagement in accordance with YMCA policies and procedures.

Qualifications:

- Must be at least 15 years old, with valid work permit
- Must have a current CPR Pro, AED, First Aid & Lifeguard Certification
- Ability to maintain certification-level of physical and mental readiness.
- Must demonstrate lifeguard skills in accordance with YMCA standards.

Essential Functions:

1. Maintains constant surveillance of the pool area.
2. Knows, reviews and abides by all emergency procedures and responds to emergency situations immediately in accordance with YMCA policies and procedures. Completes related reports as required.
3. Knows, understands, and consistently applies safety rules, policies and guidelines for the pool and aquatic area, and all other related YMCA policies and procedures.
4. Checks the pool for hazardous conditions when arriving.
5. Performs all lifesaving skills including shallow and deep-water rescues, CPR, AED and First Aid when necessary.
6. Maintains effective, positive relationships with the members, participants and other staff.
7. Performs equipment checks and ensures appropriate equipment is available as needed.
8. Performs chemical testing at appropriate times of the day, as required, and takes appropriate action.
9. Maintains accurate records as required by the YMCA and/or the state or local Health Department code.
10. Is familiar with all YMCA Aquatic Programs, and membership.
11. Attends all staff meetings and training as required. Expands job knowledge and skills by demonstrating a willingness to learn.
12. Perform opening and closing duties in the pool areas as appropriate.
13. Performs pool clean-up and maintenance as necessary, including skimming pool and washing decks.
14. Assists Aquatics management staff with programs and special events.



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15. Other duties as assigned.

Physical Demands:

Must be able to remain alert and attentive for hours at a time, and sit or stand for extended periods. Hearing ability to hear noises and distinguish distress signals. Excellent vision to continuously scan all areas of the pool. Ability to perform strenuous physical tasks when necessary for a water rescue. Ability to communicate verbally, including projecting voice across distance in normal and loud situations. Frequently required to sit, stand, walk, have finger dexterity, grasp, perform repetitive motions, lift, push/pull and/or move up to 25 pounds, talk, hear and have visual acuity. Intermittently required to bend, stoop, kneel, twist, reach with hands, lift, push/pull and/or move up to 50 pounds. The work is performed both in an indoor pool and outdoor pool. While performing the duties of this job the employee is exposed to weather conditions prevalent at the time.

OUR CULTURE: Our mission and core values are brought to life by our culture. In the Y, we strive to live our cause of strengthening communities with purpose and intentionality every day. We are welcoming: we are open to all. We are a place where you can belong and become. We are genuine: we value you and embrace your individuality. We are hopeful: we believe in you and your potential to become a catalyst in the world. We are nurturing: we support you in your journey to develop your full potential. We are determined: above all else, we are on a relentless quest to make our community stronger beginning with you.

YMCA Competencies (Leader):

Mission and Community Oriented: Accept and demonstrate YMCA values. Work effectively with people of different backgrounds, abilities, opinions and perceptions.

People Oriented: Seek to understand the other person's point of view, and remain calm in challenging situations. Build rapport and relate well to others. Listen for understanding and meaning; speak and write effectively. Take initiative to assist in developing others.

Results Oriented: Strive to meet or exceed goals and deliver a high-value experience for members. Embrace new approaches and discover ideas to create a better member experience. Make sound judgments, and transfer learning from one situation to another. Establish goals, clarify tasks, plan work and actively participate in meetings. Support fundraising. Follow budgeting policies and procedures, and report all financial irregularities immediately.

Personal Development Oriented: Accurately assess personal feelings, strengths and limitations and how they impact relationships. Pursue self-development that enhances job performance. Demonstrate an openness to change, and seek opportunities in the change process.